

The First International Conference
Psychology and Music – Interdisciplinary Encounters
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Faculty of Music, University of Arts in Belgrade

Co-organizers

Institute of Psychology, Faculty of Philosophy, University of Belgrade
Psychology of Music Section, Serbian Psychological Society

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Editors

Blanka Bogunović and Sanela Nikolić

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THE FIRST INTERNATIONAL CONFERENCE

Psychology and Music –
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PROCEEDINGS

Editors

Blanka Bogunović and Sanela Nikolić
Faculty of Music, University of Arts in Belgrade



UNIVERSITY OF ARTS IN BELGRADE
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Belgrade, 2020

Content

Editors' Note	9
PAM-IE Belgrade 2019 Conference Committees	11
MUSICAL DEVELOPMENT IN PRE-SCHOOL AGE	
Carolina e Sá and Eduarda Carvalho	
Lullabies and Preterm Infants: A Contribution for the Study of Infant Directed Singing in the NICU	15
Marija Savić, Dubravka Stošić, and Nikola Goljović	
The Relation Between Musical Activities, Attitudes, and Music Education of Pre-school Teachers	23
MUSIC PERCEPTION AND COGNITION	
Ida Vujović	
The Power of Long Notes: Pedal Points, Drones, and Expectancy Theories	29
Teodora Vuletić	
Methodological Difficulties in Conservation-Type Tasks in Music	39
Blanka Bogunović, Ida Vujović, and Ana Protulipac	
Sight-Reading Strategies in Singing and Playing	44
MUSIC, STRESS, AND PERFORMANCE ANXIETY	
Anna Antonina Nogaj and Izabela Czarnecka	
Differences in the Stress Coping Styles and Social Competences among Classical and Jazz Musicians	55
Aleksandar Kontić and Miloš Zatkalik	
Some Remarks on the Performance Anxiety among Musicians: A Psychoanalytic Perspective	61
PSYCHOLOGY OF MUSIC PERFORMANCE	
Valnea Žauhar, Aleksandra Matić, Ana Dražul, and Igor Bajšanski	
Memorizing the Contemporary Piano Piece of Music: The Effects of the Formal Structure, Pianist's Segmentation, and Technical Difficulties	69
Marija Tomić	
Perception of the Idiosyncrasy in Performances of Debussy's <i>Syrinx</i> for Solo Flute	78

Maria Bernadete Castelan Póvoas and Luís Claudio Barros

Principles of Anticipation and Movement Cycles Applied to Piano Gestures in the Brazilian Repertoire for Piano Four Hands	86
--	-----------

Tatjana Popović

Role of the Body and its Movements in Expressive Performances	91
--	-----------

PSYCHOLOGY AND MUSIC EDUCATION

Dejana Mutavdžin and Blanka Bogunović

Learning Preferences of the Musically Gifted	99
---	-----------

Vesna Rokvić, Majda Marić, Anica Bajagić, Mirjana Đukić, Blanka Bogunović, Olja Jovanović, and Selena Erac

Children with Additional Support Needs in Music Education	107
--	------------

MUSIC AND AFFECT REGULATION

Margarida Baltazar and Daniel Västfjäll

Songs Perceived as Relaxing: Musical Features, Lyrics, and Contributing Mechanisms	115
---	------------

Maja Derlink, Veronika Rogelj, Nina Stanojević, Petra Habjanič, Katarina Habe, and Uroš Kovačić

Music Listening and Heart Rate Variability	125
---	------------

MUSIC IN EVERYDAY LIFE

Johanna N. Wilson, Marc Thompson, and Suvi Saarikallio

The Function of Music Videos in Everyday Listening Experiences	135
---	------------

Radost Galonja Krtinić

The Emotional Response of Different Generations to Mass (Partisan) Songs	145
---	------------

Marija Stankov, Nebojša Milićević, and Ana Jovančević

Effect of Music on Subjective Experience of Dance Performances	150
---	------------

PERCEPTION AND COGNITION IN A CONTEXT OF MUSIC ANALYSIS

Marik Roos

The Influences of Chord Progression Probability, Predictive Processing, and the Behavioral Inhibition System on Aesthetic Appreciation of Pop Songs	157
--	------------

Ana Rebrina

Perception of the Macroform in the Second of Babbitt's Three Compositions for Piano (1947)	162
---	------------

Dorđe Stepanović	
Perception of Rhythmic Patterns, Meter, and Measure among Music Students	165
Neda Nikolić	
Musical Flow Segmentation and Emotional Response of Music Students to Impressionistic Musical Piece	172
MUSIC AND MEANING	
Sanja Srećković	
Psychological Research and Philosophical Debates on Musical Meaning	183
Srđan Teparić	
The Sign Upgrading of Archetypes in the Music of Postmodernism	190
Sanela Nikolić	
Model of Artistic Music Aesthetic Experience in Music Criticism Broadcasted on the Radio Belgrade 2 in 2017	196
Milena Petrović	
Zoomusicology Research in Serbia	205
THEMATIC SYMPOSIUM 1	
Ravel's <i>Ondine</i> on the Horizons of Jung's and Bachelard's Theories, organized by Igor Radeta	
Igor Radeta	
<i>Ondine</i> as an Anima in the Context of Narrative Strategies of Ravel's <i>Gaspard de la Nuit</i>	213
Milica Lazarević	
The Dramaturgy of <i>Ondine</i> by Ravel from the Perspective of Jung's Concept of the Psyche	221
Marija Simonović	
Ravel's <i>Ondine</i> From the Viewpoint of Bachelard's Essay on Water and Dreams	232
THEMATIC SYMPOSIUM 2	
Rediscovering Music Universe of Claude Debussy's <i>Préludes</i>, organized by Tijana Popović Mladenović	
Tijana Popović Mladenović, Neda Kolić, and Ivana Petković Lozo	
Rediscovering Music Universe of Claude Debussy's <i>Préludes</i>	243

Editors' Note

A keen interest in research and application of scholarly knowledge in the field of psychology of music has flourished in Serbia from the 1980s onwards. It started at the Department of Psychology and Institute for Psychology, Faculty of Philosophy, University of Belgrade, and further evolved through the founding of the Psychology of Music Section within the Serbian Psychological Society in 1996. Psychology of music fully developed at the Faculty of Music, University of Arts in Belgrade after 2006. The work of a comparatively small number of colleagues resulted in published books and articles, research projects, as well as in the development of a strong network of psychological services in specialist music schools in Serbia. Hence, the first international conference, *Psychology and Music – Interdisciplinary Encounters*, held from October 24 to 26, 2019 in Belgrade, followed as the next step in the further development of the psychology of music in Serbia and the region. It was encouraged and supported by the European Society for the Cognitive Sciences of Music (ESCOM) and the Society for Education, Music, and Psychology Research (SEMPRE) from Great Britain.

The conference aimed to bring together diverse research endeavours of individuals and institutions from Serbia, the Western Balkan region and European countries in the interdisciplinary field of psychology and music. Providing a setting in which researchers can make their work visible to each other and to a broader audience interested in these topics was an essential outcome of the conference. Other tasks of the conference were: a) to foster interdisciplinary empirical and theoretical research and knowledge exchange in the field of psychology and music and related scientific and humanistic disciplines; b) to encourage the practical applications of academic knowledge, primarily in the field of music education for gifted, vocal-instrumental performance and the musicians' health, and the functions of music in everyday life; c) to create possibilities for international encounters and strengthen the networks and collaboration between researchers in different geographic areas; and d) to bring together experienced scholars and early-career researchers, psychologists, musicians with different profiles, and representatives of related scientific and applied disciplines.

We may say that the conference fulfilled the goals that we defined and generated surprisingly strong interest. We had 200 registered participants (100 of them instrumental teachers and psychologists from specialist music schools), some ten independent listeners, 90 presenters in 14 thematic sessions organized in three parallel sessions. Participants came from 18 countries, even from other continents, as well as from Serbia. Such a strong response implies that the field of psychology and music is highly exciting and challenging, and it made our efforts worthwhile. During the conference, we founded the Regional Network Psychology and Music (RNPaM), which gathers 13 members from the Western Balkan Region (Croatia, Slovenia, Bosnia and Herzegovina, Serbia) at the moment and several associated members, as well as interested supporters. All active conference participants were invited to contribute to these electronic proceedings voluntarily, and thirty of them did so. Unlike abstract submissions, the proceedings papers were not reviewed. More information about the conference and the Abstract Booklet, which contains contributions of all conference presentations (86), can be found on the conference [website](#). You can also find more information about [RNPaM](#) there.

We would like to heartily thank the distinguished people of [ESCOM](#) who gave support and an outstanding added value by their presence and keynotes – John Sloboda, Renee Timmers, Jane Ginsborg, and Richard Parncutt. They attracted particular attention and gave credibility to the conference. Great support for the conference also came from [SEMPRE](#), through providing travel awards to several active student participants and assisting them in their research endeavours. ESCOM Early Career Researcher Award was given to Johanna N. Wilson (University of Jyväskylä, Finland) and

Honorary mention to Đorđe Stepanović (Faculty of Music, University of Arts in Belgrade, Serbia). At the opening of the conference, we had the honour to hear the address by Ksenija Radoš, who is a founder of the psychology of music in Serbia and was a professor at the Faculty of Philosophy, University of Belgrade, and Faculty of Music, University of Arts in Belgrade. We also appreciate very much the presence of the colleagues who, as the representatives of the co-organizing institutions, addressed the audience at the opening: Mirjana Nikolić (University of Arts in Belgrade), Ivana Stepanović Ilić (Institute for Psychology, Faculty of Philosophy, University of Belgrade) and Branka Tišma (Serbian Psychological Association). Recognized Serbian musicians, who depicted the unity of music and psychology through the cross-modal representation of music, gave their valuable contribution during three concerts performed in the frame of conference events. These were Olivera Radmanović, *Trio Movement*, and *Ansambl MultiMed 3*. We acknowledge the role of the leading organizer, the Faculty of Music, University of Arts in Belgrade, and the support of the Dean of the Faculty and all the colleagues from the administrative and logistic backup, who helped us 'behind the scenes'. We especially thank the members of the programme, organizing and reviewer committees, and, last but not least, our precious group of volunteers, dear students, and young colleagues.

Blanka Bogunović and Sanela Nikolić
Faculty of Music, University of Arts in Belgrade
April 2020

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